

AT THE THRESHOLD I

A Four-Day Shamanic Journeying Intensive

TERMS AND CONDITIONS, REGISTRATION AGREEMENT, AND LIABILITY RELEASE

September 4–7, 2026 · Plantation, Florida

Hosted by Cosmopolitan Healing Center LLC · Facilitated by Dr. Trice Mikulic, DACM

Please read this document carefully before registering. By submitting payment and/or signing below, you acknowledge that you have read, understood, and agreed to the entirety of this agreement, including the assumption of risk and release of liability contained in Section 8.

1. Parties to This Agreement

This agreement is entered into between Cosmopolitan Healing Center LLC, a Florida limited liability company owned and operated by Dr. Carmen Jiménez, DAHM ("Host," "we," or "us"), which operates the venue at which At the Threshold I (the "Program") takes place, and the individual registering for the Program ("Participant," "you"). The Program is facilitated by Dr. Trice Mikulic, DACM, of Global Meditation Solutions ("Facilitator"), who is engaged by the Host to design and lead the Program content. References to "the Program" throughout this document refer collectively to the venue, facilitation, instruction, and all related activities offered as part of At the Threshold I.

2. Nature of the Program

At the Threshold I is a four-day shamanic journeying intensive grounded in classical, drum-based shamanic practice. The Program does not involve, recommend, supply, or facilitate the use of plant medicine, hallucinogens, or any chemically altering substance of any kind. All states of consciousness explored during the Program are accessed solely through rhythmic drumming, breathwork, guided visualization, and the Participant's own focused attention — a practice referred to within the shamanic tradition as journeying in non-ordinary reality.

The Program includes experiential exercises that may involve emotional release, physical movement, extended periods of stillness, group sharing, and ceremonial elements including a closing ceremony. Participation in all exercises is voluntary, and Participant may decline any specific activity at any time without penalty, while remaining welcome in the group setting.

3. Eligibility and Health Disclosures

Participant represents that they are at least 18 years of age and are physically and psychologically able to participate in the Program. Participant has completed the Program Questionnaire and confirm they are currently emotionally and psychologically stable enough to participate safely and fully in this four-day immersive experiential training.

The Program is not a substitute for medical or psychiatric care, and Facilitator and Host do not act as Participant's medical or mental health provider in connection with the Program. Participant is strongly encouraged to consult their healthcare provider prior to registration. Host and Facilitator reserve the right to decline or discontinue participation if, in their reasonable judgment, continued participation poses a risk to Participant's wellbeing or to the group.

4. Registration, Pricing, and Payment

Two pricing tiers are available for At the Threshold I:

- Early Bird registration: \$1,097, limited to the first four (4) Participants to complete payment in full. Early Bird pricing is not available through a deposit or partial payment and is honored only upon receipt of full payment.
- Standard registration: \$1,297.

A payment plan is available, consisting of a non-refundable deposit (\$300) followed by a final balance due no later than four (4) weeks prior to the start of the Program (August 6, 2026). Failure to remit the full balance by this date may result in forfeiture of Participant's place in the Program, subject to Host's discretion.

All payments are processed through the Program's registration platform. Receipts and confirmation of registration will be issued upon successful payment.

5. Cancellation, Refund, and Transfer Policy

All deposits made toward At the Threshold I are non-refundable.

Cancellations before August 14, 2026 are eligible for a full refund, minus the non-refundable deposit (\$300). Cancellations made after August 14, 2026 are not eligible for a full refund.

6. Training Cancellation or Rescheduling by Host or Facilitator

The host and facilitator reserve the right to cancel or reschedule At the Threshold I due to unforeseen circumstances, insufficient enrollment, illness, emergency, or other events beyond reasonable control.

If the training is canceled, participants will receive a full refund of all payments made, including any deposit.

If the training is rescheduled, participants may choose either to transfer their registration to the new training dates or request a full refund.

Please note that refunds apply only to payments made directly toward the training and do not include reimbursement for travel, lodging, or other personal expenses.

7. Daily Schedule and Conduct

The Program runs daily from approximately 9:00 AM to 5:00 PM with a two-hour midday break, across four consecutive days. Participant agrees to arrive on time, remain present for the full duration of each day to the extent reasonably possible, and conduct themselves in a manner respectful of the group, the Facilitator, the Host, the venue, and the confidential and sacred nature of the work undertaken.

Host and Facilitator reserve the right to remove any Participant from the Program, without refund, whose conduct is disruptive, unsafe, or inconsistent with the spirit and safety of the group, at the sole discretion of Facilitator.

8. Assumption of Risk and Release of Liability

PLEASE READ THIS SECTION CAREFULLY. IT AFFECTS YOUR LEGAL RIGHTS.

Participant understands and acknowledges that the Program involves experiential practices including extended periods of altered focus and attention, emotional processing, physical movement, and group ceremony, each of which carries inherent risks. These risks may include, without limitation: emotional distress, the surfacing of difficult memories or feelings, physical discomfort from extended sitting or movement, minor injury, and risks associated during ceremonial portions of the Program.

Participant voluntarily assumes all risks, known and unknown, associated with participation in the Program, and to the fullest extent permitted by Florida law, releases, waives, discharges, and covenants not to sue Cosmopolitan Healing Center LLC, Dr. Trice Mikulic, Global Meditation Solutions, and each of their respective officers, employees, agents, and representatives (collectively, the "Released Parties") from any and all liability, claims, demands, actions, or causes of action arising out of or related to any loss, damage, illness, injury, or death that may occur as a result of Participant's participation in the Program, whether caused by the negligence of the Released Parties or otherwise, except to the extent caused by the gross negligence or willful misconduct of the Released Parties.

This release is intended to be as broad and inclusive as permitted by the laws of the State of Florida. If any portion of this release is held invalid, the remainder shall continue in full legal force and effect.

9. Confidentiality and Group Agreements

Participants agree to hold in confidence the personal stories, experiences, and disclosures shared by other Participants during the Program, and not to share or discuss such information outside the group without the express consent of the individual concerned. This mutual confidentiality is essential to the safety of the container in which the work takes place.

10. Photography and Media

Photographs and videos may be taken during the Program for use in future promotional materials for Global Meditation Solutions and Cosmopolitan Healing Center LLC. Any Participant who does not wish to be photographed or video recorded may opt out by notifying Facilitator in writing prior to the start of the Program.

11. Substance-Free Policy

At the Threshold I is a substance-free Program. No alcohol, recreational drugs, or plant medicine of any kind may be brought to, consumed at, or used in connection with the venue or Program at any time. Any violation of this policy will result in immediate removal from the Program without refund.

12. Intellectual Property

All curriculum materials, teachings, guided processes, and proprietary methodology shared during At the Threshold I remain the intellectual property of Dr. Trice Mikulic, DACM, Global Meditation Solutions, and Cosmopolitan Healing Center, LLC. Participant may not record, reproduce, teach, or commercially use any portion of the Program's content without express written permission.

13. Governing Law

This agreement shall be governed by and construed in accordance with the laws of the State of Florida, without regard to its conflict of law principles. Any dispute arising under this agreement shall be subject to the exclusive jurisdiction of the courts located in Broward County, Florida.

14. Entire Agreement

This Agreement, together with the Refund and Cancellation Policy, Participant Agreement and Liability Waiver, and the Program Questionnaire, constitutes the entire agreement between Participant, Facilitator and Host regarding the Program, and supersedes any prior understandings or representations, whether written or oral. Host and Facilitator reserve the right to update these terms prior to the Program start date, with notice provided to all registered Participants.

ACKNOWLEDGMENT AND SIGNATURE

By signing below, I confirm that I have read this entire document, including the Assumption of Risk and Release of Liability in Section 8, that I understand its contents, and that I voluntarily agree to its terms.

Participant Signature

Participant Name (Printed)

Date