

FREQUENCY REJUVENATION LOUNGE



I am excited to announce that I finally assembled my long desired rejuvenation room! It took me some time, but I carefully researched and selected equipment that could deliver a therapeutic experience that would be beneficial to everyone. I call it the Frequency Rejuvenation Lounge. Although seemingly simple, I combined multiple frequency therapies into a single experience.

The room features the Infrared Chakra Stone Therapy biomat, low frequency vibration therapy speakers, noise canceling headphones playing binaural beats, and an extra wide zero gravity chair. There is also the option to add LED photo therapy (red, blue, yellow and any combination of these lights) to the whole body or specific areas. The room is decorated with additional crystals, living plants, salt lamp and infused with essential oils to further assist in the de-stressing experience.

Individually, these therapies have been documented to help with: immune, endocrine, lymphatic, circulatory and nervous systems, pain management, body aches and strain on the spine, stress and anxiety, and promote a general feeling of relaxation.

Vibroacoustic therapy, specifically, is being evaluated to treat a number of conditions, including fibromyalgia, cerebral palsy, and Alzheimer's Disease, among other conditions. So you see, it's not just going to help you decompress physically and mentally, it's going to help improve your overall health!

You can choose from four protocols: Energize, Sleep, Relaxation or Stress Relief and you can reserve the room from 15 to 60 minutes, but I recommend a minimum of 30 minutes.

For a limited time, you can schedule it before or after a session for only \$25, or book on it's own for \$50. Best of all, you don't have to be an existing patient to enjoy this service, so tell a friend - the one who you really want to come see me, but hasn't



Book Here

<https://l.bttr.to/7a18w>



Google Reviews

I encourage you to write a review so that others can find me and receive the help they are looking for.

Stay Happy and Healthy,

Dr. Carmen Jiménez

Doctor of Oriental Medicine

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